



## Daily Specials

\$6.99 per pound unless noted

### MONDAY

Pasta with Chicken and Broccoli  
Raviolis and Meatballs

### TUESDAY

Tortellini with Chicken Cacciatore  
Rice and Chicken with Vegetables

### WEDNESDAY

Lasagna and Eggplant  
Baked Ziti with Chicken Parm

### THURSDAY

Fusilli with Peas, Sausage and Meatballs  
Macaroni and Cheese with Chicken Tenders

### FRIDAY

Chef's Friday specials change weekly.  
Please call us.

### SOUP OF THE DAY

*Changes Daily*  
\$4.70

### HOURS

**MON - FRI - 8AM - 8PM**  
**SAT - 9AM - 3PM**

331 Washington Street Dedham, MA  
(781) 326-9820  
info@salemfoodmarket.com

## Gourmet Subs

\$7.95 unless noted

### IL PANINO

Imported prosciutto with fresh mozzarella, tomato, olive oil, and basil.

### POLLO E PROSCIUTTO

Grilled marinated chicken, imported prosciutto, lettuce, tomato, and olive oil.  
\$8.75

### IL MEDITERRANEO

Imported prosciutto, marinated roasted red peppers, fresh mozzarella, and olive oil.

### NEW YORK STYLE

Imported prosciutto, provolone cheese, tomato, onions, garlic, and olive oil.

### TURKEY & HAM WITH SWISS

Lettuce, tomato, and mayonnaise or mustard.

### BBQ STEAK TIPS

Sirloin steak with peppers, onions, and BBQ sauce.  
\$9.95

### STEAK TIPS COMBO

Sirloin steak with peppers, onions, mushrooms, and salami.  
\$9.95

### CHICKEN KABOB

Grilled Chicken Tips with onion and peppers.

### CHICKEN TIPS COMBO

Grilled Chicken Tips with Mushrooms, onions, and peppers.

### CHICKEN HAWAIIAN

Grilled marinated chicken with diced ham and pineapple chunks.

### CHICKEN CORDON BLEU

Grilled marinated chicken with melted swiss cheese and ham.

### FIRE BOMB

Grilled marinated chicken with grilled onions and spicy hot sauce

## Angus Burgers

\$9.99 unless noted

### ANGUS BURGER

6 oz. burger with fries and mozzarella sticks. Add cheese for \$.50

### BBQ BACON ANGUS BURGER

6 oz. burger with onion rings and coleslaw. Add cheese for \$.50

### BLUE CHEESE ANGUS BURGER

6 oz. burger with blue cheese, french fries, and potato salad.

## Panini

\$7.99 unless noted

### IL CARMIN

Imported prosciutto, fresh mozzarella, tomato, and extra virgin olive oil.

### LAMONI

Roasted turkey breast, roasted zucchini, and asiago cheese.

### IL TIRRENO

Roasted red peppers, roasted eggplant, roasted zucchini, and asiago cheese.

### ZOCCARE

Grilled chicken, imported prosciutto, and fresh mozzarella.

### SALTIMBOCCA

Veal cutlet, imported prosciutto, and swiss cheese.

### IL MILANESE

Imported ham, American cheese, mayonnaise, lettuce, and tomato.

### POLLO ROMANO

Grilled chicken marinated in pesto sauce, roasted zucchini, and asiago cheese.

### TONNO SICILIANO

Imported tuna in oil, lettuce, and onion.

### POLLO PORTOFINO

Chicken cutlet, asiago cheese, mayonnaise, lettuce, and tomato.

### CAPRESE

Roasted red peppers, sun dried tomatoes, fresh mozzarella, lettuce, and tomato with honey mustard dressing.

## Wraps

\$7.99 unless noted

### GRILLED CHICKEN CAESAR

Romaine, dressing, croutons, and parmesan

### BUFFALO CHICKEN

Chicken with spicy buffalo sauce.

### GRILLED GREEK CHICKEN

Grilled marinated chicken with lettuce, tomato, onion, olives, and feta.

### CHICKEN RANCH

Crispy chicken with creamy ranch dressing

### TURKEY CLUB

Lettuce, Tomato, Bacon, Mayo

We cater all events! Contact us at  
catering@salemfoodmarket.com

## Pasta

Prices are for Ziti or Ravioli

### PASTA AND SAUCE

\$5.99 / \$6.99

### VEAL CUTLET

\$11.99 / \$11.99

### CHICKEN CUTLET

\$9.99 / \$10.99

### EGGPLANT

\$9.99 / \$10.99

### MEATBALL OR SAUSAGE

\$8.99 / \$10.99

### LASAGNA OR STUFFED SHELLS

\$8.99

With meatballs, sausage, or chicken - \$10.99  
With veal - \$11.99

## Dinners

### GRILLED MARINATED CHICKEN BREAST

With slaw or salad and choice of fries, potato salad, or rice.  
\$9.95

### MARINATED SIRLOIN STEAK TIPS

With slaw or salad and choice of fries, potato salad, or rice.  
\$12.95

### CHICKEN FINGERS

With slaw or salad and choice of fries, potato salad, or rice.  
\$9.95

### WINGS 'N THINGS

Chicken wings with onion rings and french fries.  
\$9.95

### CHICKEN SUPREME

Chicken fingers, chicken wings, mozzarella sticks, and french fries.  
\$9.95

## Kids

\$5.99

### CHICKEN FINGERS WITH FRENCH FRIES

### CHEESEBURGER WITH FRENCH FRIES

### ZITI WITH MEATBALLS

### GRILLED CHEESE WITH FRENCH FRIES

## Hot Subs

### STEAK

\$5.50 / \$7.75

### STEAK W/ ONION OR PEPPER OR MUSHROOM

\$6.25 / \$8.50

### STEAK & CHEESE

\$6.25 / \$8.50

### STEAK COMBO

\$7.25 / \$9.75

### STEAK & EGG

\$6.95 / \$8.95

### HAMBURGER

\$5.25 / \$7.50

### CHEESEBURGER

\$6.25 / \$8.50

### BACONBURGER

\$6.25 / \$9.25

### PASTRAMI

\$6.25 / \$8.75

### MEATBALL OR SAUSAGE

\$5.95 / \$8.25

### GRILLED SAUSAGE

\$6.95 / \$8.95

### IMPERIAL COMBO

\$6.95 / \$9.75

### PEPPER & EGG

\$5.99 / \$8.00

### WESTERN

\$6.99 / \$8.99

### VEAL PARM

\$7.25 / \$9.99

### CHICKEN PARM

\$6.25 / \$8.99

### EGGPLANT PARM

\$6.25 / \$8.50

### GRILLED MARINATED CHICKEN

\$6.25 / \$8.50

### STIR-FRY CHICKEN

\$7.25 / \$9.50

## Cold Subs

### ITALIAN

\$6.25 / \$8.50

### SOPRESSATA

\$6.75 / \$8.95

### PROSCIUTTO

\$6.75 / \$8.95

### SALAMI & CHEESE

\$6.25 / \$8.50

### HAM & CHEESE

\$6.25 / \$8.50

### SALAMI

\$6.50 / \$8.50

### MORTADELLA & CHEESE

\$6.25 / \$8.25

### CAPICOLA & CHEESE

\$6.25 / \$8.25

### AMERICAN

\$5.99 / \$8.25

### BOLOGNA & CHEESE

\$5.99 / \$8.25

### ROAST BEEF

\$6.25 / \$8.50

### TURKEY

\$6.25 / \$8.50

### TURKEY CLUB

\$6.99 / \$9.50

### BLT

\$6.25 / \$8.50

### EGG SALAD

\$5.75 / \$7.75

### CHICKEN SALAD

\$6.25 / \$8.50

### TUNA

\$6.25 / \$8.50

### SEAFOOD SALAD (seasonal)

\$6.25 / \$8.50

## Salads

### TOSSED

\$5.99  
add Tuna or Chicken for \$2.50

### ANTIPASTO

\$8.50

### CHEF SALAD

With turkey, ham, and cheese  
\$8.50

### GREEK

\$5.99

Add Chicken or Cold Cuts for \$2.50

### CAESER

\$5.99

Add Chicken for \$2.50

### RUSTICA

Romaine lettuce, tomatoes, black olives, roasted red peppers, and carrots.

\$6.25

Add Chicken for \$ 2.75

### ITALIAN ANTIPASTO

Fresh mozzarella, tomatoes, cucumber, celery, red onion, and salami.

\$6.99 per pound

## Appetizers

\$6.99 sm / \$9.99 lg

**CHICKEN FINGERS**  
**CHICKEN WINGS**  
**MOZZARELLA STICKS**

## Sides

### RICE PILAF

\$3.99 / \$6.99

### GARLIC BREAD

\$2.00 / \$3.00

### FRENCH FRIES

\$2.95 / \$4.95

### CURLY FRIES

\$3.75 / \$5.25

### ONION RINGS

\$3.75 / \$5.25

### MEATBALL

\$5.00 / \$9.00

### COLE SLAW

\$5.99 / LB

### POTATO SALAD

\$5.99 / LB